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**TREATMENT – WELLNESS TOURISM IN
UKRAINE**

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We know many different varieties of tourism. One of the most popular tourism for the purpose of visiting (for general classification in tourism) is recreational tourism. Recreational tourism involves travel for recreation, wellness and treatment. This is the largest and the most developed type of tourism in the world. And current trends indicate that recreational tourism continues to develop successfully. Tourists admire and like a warm sun and clear sea.

However, recreational tourism is not developing only in the warm coasts with a favorable climate, but also subject to availability other resources – mineral sources, therapeutic muds, etc. The best option for tourists when nature successfully combines

in one place and the sun, and the sea, and mineral sources. It is in such in places there are special medical and health centers.

They called SPA-resorts - from the latin "sanus per aquam" or "sanitas pro aqua", which means: "water is the source of health" or "health through water". In the SPA for the treatment of certain diseases or just for the purpose strengthening the body uses a variety of natural substances - sea minerals, seaweed and salt, extracts of fruits, flowers and vegetables, aromatic oils.

Nowadays, trips made exclusively for medical purposes are becoming more and more popular. This circumstance has led to the emergence of a new kind of recreational tourism, which is called medical tourism.

In our country we have a possibility to visit a different gorgeous resorts:

Truskavets — is a unique and extremely attractive spa resort in Ukraine. It stretches in a picturesque valley of Eastern Carpathians foothill at an altitude of 350 meter above sea level. It is a city of special natural beauty and crystal clear air; it is situated among lovely wooded slopes and fast flowing rivers. On the territory of Truskavets there are large reserves of underground mineral waters. The popularity of the resort is

great. Annually about 200 thousand people comes for treatment and rest from all over Ukraine and from abroad.

Skidnytsia – balneological resort Skhidnytsia is a wonderful, cozy place for family recreation and treatment, located near the city of Drohobych. The relatively young resort (it began in the 1970s) is known far beyond Ukraine for its unique mineral waters, which have no analogs in Europe. There are 38 healing sources and about 20 drilling wells in the picturesque Skhidnytsia.

Morshyn – located in a picturesque area. It offers tourists comfortable sanatoriums and hotels hidden in the comfort of the park, a comprehensive treatment with healing water from three sources, mineral-coniferous and iodine-rich baths and mud.

Poliana (Svaliava). – Poliana Balneological Resort is located 10 km from the district center of Svaliava in a charming area. The ancient village is immersed in the emerald valley between mountain ridges.

Myrhorod – rather small recreational area with lots of great options. Myrhorod is known for its healing and rejuvenating mud baths and mineral water.

Solotvyno – the main natural medicine of Solotvyno resort is ordinary rock salt, inherited from the prehistoric

Carpathian Sea. Here, in the foothills of the Carpathians, on the banks of the Tysa river, salt has been mined since ancient times.

Kvasy – lowland resort is located in the Chorna Tysa river valley, 15 km from the district center of Rakhiv. The comfort of the picturesque Kvasy is protected by the highest Carpathian peaks – Petros and Hoverla. Nearby you can find such attractions as the ski resort Dragobrat and the magnificent waterfall Trufanets.

Syniak – Syniak Resort is located near Mukachevo, in the valley of the Syniavka River, in the foothills of the Carpathian Volcanic Range, among the mountains covered with ancient forests. Here, the clean mountain air is saturated with the aromas of pine and rich grasses, and the magical water of the Syniak source with an incredible shade of blue cures severe illnesses.

Mizhhyria –is a charming corner of Transcarpathia with pristine nature, sweet air, and a rich treasure trove of mineral springs. There are about 50 sources with miraculous water in the district.

Taking into consideration all mentioned above, I think, medical tourism is getting a spike due to cost-efficiency, experienced doctors, and high-quality services. Ukraine allows

medical tourists to save 40-70% of the costs in their treatment compared to their countries of origin. People come to Ukraine from abroad in order to restore their health. Ukraine is the medical tourism destination of choice for many who are in need of dental work, eye surgery, cosmetic surgery, reconstructive surgery and relief from a host of illnesses. Ukraine offers world class medical facilities, as well as the ideal surroundings to aid a rapid recovery.

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